



Do your best to answer the following questions, they will help you clarify your relationship with money. Think about each question and try to answer with details.

What do you think of wealthy people?

What good could you do with more money?

Do you pay attention to your money? How? (budget, tracking, monthly, investments)

Is there an area of money that you are uncomfortable with? Something you ignore? Abdicate responsibility for? Don't want to deal with?

Are you comfortable talking about money with your partner/spouse/parents etc?

What did your parents teach you about money?



Are there any 'sayings' or 'expressions' about money, work, wealth in your family?

How would you feel if you had/earned more money than anyone else in your family or friends circle?

**Who do you know that you consider wealthy or successful with money?
What do they do differently with their money than you or someone with less money?**

In what way do you or have you in the past struggled with money? Why?

Are there any beliefs, thoughts or struggles that you can identify that are preventing you from attracting more money into your life?
